PLANT FACT SHEET

Potentilla reptans L.

GENUS *Potentilla* **FAMILY** Rosaceae

COMMON NAMES Creeping cinquefoil

EDIBLE PARTS AND USES

Edible parts: Leaves, Rhizome, Root

The leaves are eaten in salads.

DESCRIPTION

A creeping herb. It keeps growing from year to year. The roots are much branched. They have tuberous roots. There are stolons or runners 20-100 cm long. These root at the nodes. The leaves near the roots have 5 divisions at the end of the leaves.

HABITAT

It is a temperate plant. In China it grows on meadows and mountain slopes between 300-3500 m altitude. It grows in wetlands. In Sichuan and Yunnan.

NOTES

There are about 500 Potentilla species. It is used in medicine.

REFERENCES

Alrhmoun,M., et al, 2025, Diachronic changes in local food heritage: the ethnobiology of wild foods in central Tuscany. Journal of Ethnobiology and Ethnomedicine (2025) 21:48

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 487

Bremness, L., 1994, Herbs. Collins Eyewitness Handbooks. Harper Collins. p 206

Flora of China @ efloras.org Volume 9

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 239

http://www.botanic-gardens-ljubljana.com/en/plants

Källman, S., 1980, FAO Report D 54012-H2, Sweden. "A literature study that is important for the knowledge and ideas about the selection and nutritional values of wild Swedish plants that can be used as food in emergency situations"

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Redzic, S., 2010, Use of Wild and Semi-Wild Edible Plants in Nutrition and Survival of People in 1430 Days of Siege of Sarajevo during the War in Bosnia and Herzegovina (1992–1995). Coll. Antropol 34 (2010) 2:551-570

Tasmanian Herbarium Vascular Plants list p 51

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 155

Zhang, Y., et al, 2014, Diversity of wetland plants used traditionally in China: a literature review. Journal of Ethnobiology and Ethnomedicine. 10:72

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4f468551-723b-4883-958b-9b465735b685