PLANT FACT SHEET

Maianthemum atropurpureum (Franch.) LaFrankle

GENUS *Maianthemum* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

Young shoots and leaves are cooked in stir fried dishes and added to soups.

DESCRIPTION

A herb. It grows 30-60 cm tall. It has a creeping rhizome. The stem is zigzag shape. There are 5-9 leaves. These are narrowly oval and 9-11 cm long by 5 cm wide. The flowers are in a panicle of individual flowers. They are white to purplish red.

HABITAT

It is a temperate plant. It grows in forests and moist shaded places between 1,400-3,000 m above sea level. It grows in Sichuan and Yunnan in China.

PRODUCTION

Harvesting and Seed Production

In Yunnan, leaves are harvested in May and June.

NOTES

Also put in the family Convallariaceae.

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