PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Cissampelos mucronata A. Rich.

GENUS *Cissampelos* **FAMILY** Menispermaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A climbing herb. It has a woody rootstock. The leaves are oval or heart shaped and the leaf stalk joins away from the edge. They have a short tip at the end. The flowers are in the axils of leaves and male and female flowers are separate. The fruit are green but turn bright red when ripe.

HABITAT

It is a tropical plant. It grows in woodland, savannah and palm groves. It grows up to 1,800 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4fb64657-0fc2-42a7-86ff-8d33246ef69d