PLANT FACT SHEET

# *Wahlenbergia undulata* (L. f.) A. DC.

**GENUS** *Wahlenbergia* **FAMILY** Campanulaceae

**COMMON NAMES** Pale bluebell

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Tuber, Root

The root tuber is eaten raw.
The leaves are cooked and eaten as a spinach.

## DESCRIPTION

An annual herb. It is erect and grows up to 60 cm high. It has scattered white hairs. The leaves are on the lower half of the shoot. They do not have leaf stalks. The leaves taper from the base to the tip. They are 6 cm long and 5 mm wide. The edges are wavy. There are a few short teeth. The flowers are at the top. The flowers are 1.3 cm long and have pointed lobes. They are blue.

## HABITAT

A tropical plant. It grows in dry soils. It can grow in arid places.

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