PLANT FACT SHEET

Atriplex portulacoides L.

GENUS *Atriplex* **FAMILY** Amaranthaceae

COMMON NAMES Sea purslane

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw in salads or cooked as a potherb.
They are also used for pickles.

DESCRIPTION

A small shrub. It is spreading and can form roots where the stems touch the ground. The leaves are a silvery colour. They are thick and fleshy and are usually opposite. They are oblong and do not have teeth. The flowers are small and greenish-yellow.

HABITAT

It is a temperate and subtropical plant. It grows on salt marshes and along the edges of pools and drains.

NOTES

Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4ff0f602-58ab-4a5c-be83-db0b1d108338