PLANT FACT SHEET

Premna bengalensis C. B. Clarke

GENUS *Premna* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Bark, Fruit

The bark is soft, sweet and edible.

DESCRIPTION

A large shrub or small tree. It grows 9 m tall. It can grow 10-20 m tall. The trunk can be fluted. The bark is greyish white. It peels off in papery flakes 2 cm thick The leaves are simple and opposite. They are narrowly oval or sword shaped and 8-24 cm long by 4-15 cm wide. The edges can be slightly wavy. The flowers are in branched groups at the ends of branches. The fruit is fleshy and oval and 5-8 mm across.

HABITAT

It is a tropical plant. It grows between 300-900 m above sea level in Nepal. It grows in evergreen forests near streams.

NOTES

Also put in the family Verbenaceae.

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4ff18ba0-cf78-4ea5-942f-dea81acf438d