PLANT FACT SHEET

Anabasis articulata (Forssk.) Moq.

GENUS *Anabasis* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Manna, Leaves

DESCRIPTION

A low shrub almost without leaves. The flowers occur singly in the axils of the leaves. The fruit have wings. The plant exudes an edible manna.

HABITAT

It is a Mediterranean climate plant. It can tolerate drought.

NOTES

Also put in the family Chenopodiaceae.

REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 25

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5006cff8-0c44-4eea-b1e6-1ec5757f8f39