PLANT FACT SHEET

Lactuca pulchella DC.

GENUS *Lactuca* **FAMILY** Asteraceae

COMMON NAMES Blue lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It has deep roots. It grows 20-100 cm tall. The leaves are 5-18 cm long by 1-4 cm wide. It has 8-15 blue flowers.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

It is grown by seed.

REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 108

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/50188ea2-af6e-4065-9ab8-f27805ed5d0e