PLANT FACT SHEET

Commiphora capensis (Sond.) Engl.

GENUS *Commiphora* **FAMILY** Burseraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is eaten as a snack.

DESCRIPTION

A shrub or small tree. It grows 4 m tall. The bark is smooth with dark patches. The branches have small spur like side branches. The leaves have 3 leaflets. The flowers are small and greenish yellow. The fruit is a small round berry. It is 12 mm long by 10 mm wide.

HABITAT

It is a subtropical plant. It grows in dry hot areas on rocky slopes.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 40

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5028e7d4-1aea-4a61-b754-9a8f2a5e7a78