PLANT FACT SHEET

Rumex longifolius DC.

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Door-yard Dock, Long leaved dock

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Root

DESCRIPTION

A herb. It grows 1.5 m tall. The leaves are 4-30 cm long by 1-9 cm wide.

HABITAT

It is a temperate plant. In Argentina it grows below 400 m above sea level.

NOTES

There are about 200 Rumex species.

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