PLANT FACT SHEET

Epilobium tetragonum L.

GENUS *Epilobium* **FAMILY** Onagraceae

COMMON NAMES Square-stalked Willowherb

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It is erect and has several stems. It grows 0.1-1.3 m high. It keeps growing from year to year. The leaves are in a ring near the base. The flowers are pink, purple or red.

HABITAT

It is a temperate plant. It grows in peaty sands and swamps.

NOTES

There are about 165 Epilobium species. They are mostly temperate.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/507d03ae-6a65-4e03-bbd6-2812dcb07ac4