PLANT FACT SHEET

Commelina claessensii De Willd.

GENUS *Commelina* **FAMILY** Commelinaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

A tropical plant.

NOTES

There are about 230 Commelina species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 69

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 183

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5090ea71-3c9c-457a-8b01-f602012cd81f