PLANT FACT SHEET

Prunella grandiflora (L.) Scholler.

GENUS *Prunella* **FAMILY** Lamiaceae

COMMON NAMES Bigflower Selfheal, Large Self-heal, Prunella Loveliness

EDIBLE PARTS AND USES

Edible parts: Leaves, flower - nectar

The flowers are sucked for their nectar.

DESCRIPTION

A slightly hairy herb. It grows 30-60 cm high. It spreads 30-60 cm wide. It forms mats. The branches are woody. The leaves are oval and 10 cm across. They can be scalloped along the edge. The flowers are white with violet tips. They are 2.5 cm long and grow in spikes.

HABITAT

It is a temperate plant. It grows well near the edge of water. It suits hardiness zones 4-9.

PRODUCTION

Cultivation

Plants can be grown from seed or by division.

NOTES

There are about 7 Prunella species.

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