PLANT FACT SHEET

Bolboschoenus medianus (V.Cook) Sojak

GENUS *Bolboschoenus* **FAMILY** Cyperaceae

COMMON NAMES Sea club rush

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Roots

The tubers are eaten raw. They are crisp and sweet. They are also roasted.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. It keeps growing from year to year. It develops underground runners or rhizomes. The flowers are dull red or brown.

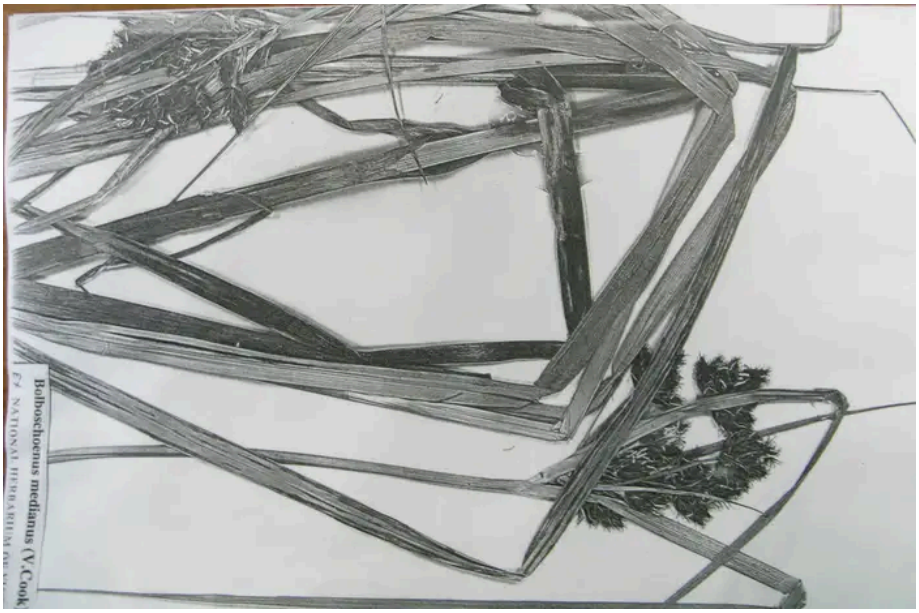
HABITAT

A temperate plant. It grows near the edge of water. It grows in mud. It can grow in brackish water. Tasmanian Herbarium.

NOTES

There are about 16 Bolboschoenus species. The Cyperaceae or sedges are rush or grass like herbs. They grow in moist places.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/509dcff0-4cf7-4aab-92be-52ed2cb44bf0