PLANT FACT SHEET

Keetia zanzibarica (Klotzsch) Bridson

GENUS *Keetia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub or small tree. It can be a woody creeper. It grows 2-6 m tall. The bark is pale grey. The leaves are oval and the base is often unequal and rounded. They have a short blunt tip. Leaves are 5-12 cm long by 2-7 cm wide. The flowers are white or yellowish-green. The fruit are oval or heart shaped and 10-12 mm long. They have 2 seeds.

HABITAT

It is a tropical plant. It grows between sea level and 450 m altitude. It grows on the edge of forests and in wooded grassland.

PRODUCTION

Harvesting and Seed Production

In Central African Republic flowers have been recorded in February and fruit in July.

REFERENCES

East African Herbarium records, 1981,

Flora Zambesiaca. http://apps.kew.org/efloras

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 56

Glover et al, 1969,

Kenya Trees, Shrubs, Lianas, 1994, nzdl.org

Maundu, P. et al, 1999, Traditional Food Plants of Kenya. National Museum of Kenya. 288p

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 171

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/50a6ff58-10cd-4aa9-a499-569e8d924a92