PLANT FACT SHEET

Mesembryanthemum theurkauffii (Maire) Maire

GENUS *Mesembryanthemum* **FAMILY** Aizoaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit

The seeds are made into flour and used for flat bread.

DESCRIPTION

A succulent plant. It lies along the ground.

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara and in arid places.

NOTES

Also put in the family Mesembryanthemaceae.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 45 (As Mesembryanthemum theurkauffii)

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54 (As Opophytum theurkauffii)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/50b86461-5fbe-499e-b628-90a2e5406be3