PLANT FACT SHEET

Pogostemon purpurascens Dalzell

GENUS *Pogostemon* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - spice

DESCRIPTION

A herb or shrub. It grows each year from seed.

HABITAT

It is a subtropical plant.

REFERENCES

Konsam, S., et al, 2016, Assessment of wild leafy vegetables traditionally consumed by the ethnic communities of Manipur, northeast India. Journal of Ethnobiology and Ethnomedicine, 12:9

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/50cefec8-5670-4e7c-b24e-beaa05440669