PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Glycyrrhiza uralensis Fisch. ex DC.

GENUS *Glycyrrhiza* **FAMILY** Fabaceae

COMMON NAMES Chinese licorice, Manchurian liquorice

EDIBLE PARTS AND USES

Edible parts: Root

The roots are used as a sweetener for food.
It should only be used in small amounts. The roots can be toxic.

DESCRIPTION

An erect herb. It grows 40-100 cm high and spreads 30-60 cm wide. It keeps growing from year to year. The underground stems or rhizomes are branched. The leaves are divided into leaflets along the stalk. The leaves are 10-25 cm long. The flowers are violet and white. They are in dense compact spikes 7 cm long. The fruit are oblong and curved pods. They are 4 cm long.

HABITAT

It is a temperate plant. It is hardy to frosts. In north China it grows on sandy land and dry riverbanks between 400-2,700 m above sea level. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

Plants can be grown by seed or by division.

NOTES

There are about 18 Glycyrrhiza species. This one has a glycyrrhizin content of 24%. It has anticancer properties.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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