PLANT FACT SHEET

Eragrostis plana Nees

GENUS *Eragrostis* **FAMILY** Poaceae

COMMON NAMES Ox grass, Tough love-grass

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal, Roots

The seeds are used for making bread and also for making beer.
The roots are eaten as a snack.

DESCRIPTION

A grass that keeps growing from year to year. It grows 1 m high. It forms dense tufts. The leaf sheaths at the base overlap and are flattened.

HABITAT

It grows in tropical and subtropical places. In Zimbabwe it grows up to 2,000 m altitude.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/51351df2-bfda-499c-96b7-3170231ecfbc