PLANT FACT SHEET

Syringa vulgaris L.

GENUS *Syringa* **FAMILY** Oleaceae

COMMON NAMES Lilac

EDIBLE PARTS AND USES

Edible parts: Flowers, flower - nectar

The flowers are eaten raw or folded in batter and made into fritters.
They can be crystallised by dipping in beaten egg white then rolling in granulated sugar.
The nectar is also sucked.
The flowers are also boiled with sugar for jam.

DESCRIPTION

A shrub. It can grow 6 m high. The leaves are oval and taper to the base. They are 5-10 cm long by 2-6 cm wide. They are slightly rough and bright green. The flowers are in large groups arising from the side buds. The flowers can be lilac, white, or red. The fruit is a smooth capsule. There are many named cultivated varieties.

HABITAT

A temperate plant. In Argentina it grows between 500-1,000 m above sea level. Arboretum Tasmania.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5147a299-33de-4eed-aa1e-ae8552e1b9cf