PLANT FACT SHEET

Amphitecna latifolia (Mill.) A. H. Gentry

GENUS *Amphitecna* **FAMILY** Bignoniaceae

COMMON NAMES Savannah black calabash

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit

The seeds are eaten.
They are also made into a drink like cocoa.

DESCRIPTION

An upright tree. It is small and evergreen. It can grow 10 m high. The trunk often forks near the ground. The leaves are dark green and 18 cm long. They are alternate and simple. The flowers are tube shaped and 5 cm long. They are purplish white. The fruit are smooth and shiny green. They are 10 cm long. They have several 1.5 cm long black seeds in white pulp. The seeds are edible.

HABITAT

It is a tropical plant. It suits hardiness zones 10-11. It can grow in part shade or full sun. It is tolerant to drought and also to some salt. It often grows near mangroves.

PRODUCTION

Cultivation

Plants are grown by seed, cuttings or air-layering.

PICTURES



Credit: Food Plants International (Bruce French)

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