PLANT FACT SHEET

Nymphaea candida Presl. & C. Presl.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

COMMON NAMES Xue bai shui lian

EDIBLE PARTS AND USES

Edible parts: Root, Rhizomes, Seeds

The rhizomes are added to food.

DESCRIPTION

A herb. It grows in water. The rhizomes or underground stems are erect or curve upwards. They are unbranched. The leaf blade is half round and 10-25 cm across. It is papery. It is smooth underneath. The base is deeply heart shaped and the lobes at the base are overlapping. The flower floats. It is 10-20 cm across. There are 20-25 petals which are white. The fruit are half round and 2.5-3 cm across. The seeds are narrowly oval and 2-4 mm long. They are smooth.

HABITAT

It is a temperate plant. It grows in ponds.

NOTES

There are about 50 Nymphaea species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/51cb0d53-5d48-4171-ac61-db0c27834b0c