PLANT FACT SHEET

Salix daphnoides Vill.

GENUS *Salix* **FAMILY** Salicaceae

COMMON NAMES Violet willow, Arctic willow, Diamondleaf Willow, Tealeaf willow

EDIBLE PARTS AND USES

Edible parts: Flowers, bark, Leaves, Root

The young shoots and catkins are eaten fresh or in seal oil.
The inner bark is eaten raw.
The growing tips of the underground rhizomes can be peeled and eaten raw or cooked.

DESCRIPTION

A shrubby deciduous tree. It grows 10 m tall. It is a broad cone shape. The bark is grey and smooth. The leaves are narrow and 6-12 cm long by 3 cm wide. They taper to a point. There are fine teeth along the edges. The leaves are glossy dark green above and blue-green underneath. They have hairs on both sides but become smooth. The male and female flowers are separate. They are very small. They are in catkins 4 cm long. The fruit is a small green capsule. It opens to release fluffy seeds.

HABITAT

It is a temperate plant. It is native to Europe. It grows in mountainous regions in Europe. It grows on dry sites. It suits hardiness zones 5-10.

NOTES

There are about 300 Salix species. Young leaves are rich in Vitamin C.

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Uphof,

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