PLANT FACT SHEET

Cochemiea dioica (K. Brandegee) Doweld

GENUS *Cochemiea* **FAMILY** Cactaceae

COMMON NAMES Strawberry cactus, Pincushion

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are small and are eaten raw.

DESCRIPTION

A cactus.

HABITAT

It is a temperate plant. It suits arid places.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 335 (As Mammillaria dioica)

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112 (As Mammillaria dioica)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/51f2448e-9a3a-4bc1-927c-04a7cbc82860