PLANT FACT SHEET

Aneilema beniniense (P. Beauv.) Kunth

GENUS *Aneilema* **FAMILY** Commelinaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. The leaves are alternate and form a sheath at the base. The leaves are sword shaped and 10 cm long by 3 cm wide. The flowers are in a group at the top. They are white and yellow.

HABITAT

It is a tropical plant. It grows along the edges of forests and in palm groves and wet grass savannah. In Ethiopia it grows between 700-1,600 m above sea level.

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