PLANT FACT SHEET

Laportea alatipes Hook.f.

GENUS *Laportea* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled, pounded and then cooked.

DESCRIPTION

A herb. It grows 50 cm tall. The leaves are alternate and oval. They taper tot he tip and are rounded at the base. They are 9 cm long by 6 cm wide. The flowers are in compound groups. There are hairs on the leaf and flower stalks.

HABITAT

It is a tropical plant. It has been recorded at 1,800 m above sea level in Nigeria.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/520003aa-e4da-4906-a4f9-3eca9893e7b6