PLANT FACT SHEET

Anchusa cretica Mill.

GENUS *Anchusa* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled in mixtures as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Luczaj, L., & Dolina, K., 2015, A hundred years of change in wild vegetable use in southern Herzegovina. Journal of Ethnopharmacology 166: 297–304

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/523488e0-6a39-478e-815e-3d8b03d630bc