PLANT FACT SHEET

Ouratea nitida (Sw.) Engl.

GENUS *Ouratea* **FAMILY** Ochnaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub or small tree. It grows 2-10 m tall. The leaves are oval and 9-15 cm long by 5-10 cm wide.

HABITAT

It is a tropical plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 596

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Poset, D. A., 2002, Kayapo Ethnoecology and Culture. Routledge

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/525f4bda-5039-48bd-ad65-a41083dbd032