PLANT FACT SHEET

Nymphaea lotus var. lotus (Salisb.) DC.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

COMMON NAMES Red water lily

EDIBLE PARTS AND USES

Edible parts: Rhizome, Seeds, Flowers

The roots and seeds are cooked and eaten.

DESCRIPTION

A waterlily.

HABITAT

It is a tropical plant.

NOTES

An unresolved name in The Plant List.

REFERENCES

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 58 (As Nymphaea edulis)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5278481a-4318-4b7c-b3dd-e79eddb71922