PLANT FACT SHEET

Nymphaea guineensis Schumach. & Thonn.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A waterlily. The flowers are usually blue but sometimes white.

HABITAT

A tropical plant. It grows in the seasonally dry tropics.

NOTES

There are about 50 Nymphaea species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 45 (As Nymphaea rufescens)

A. Guillemin et al., Fl. Seneg. tent. 1:15. 1831 (As Nymphaea rufescens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5283cbed-d566-48f0-a25d-68340c0e2ea5