PLANT FACT SHEET

Murdannia triquetra (Wallich ex C. B. Clarke) Brückner

GENUS *Murdannia* **FAMILY** Commelinaceae

COMMON NAMES Shui zhu ye

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

It is used as a vegetable. The young plants before flowering are used as a potherb.

DESCRIPTION

A perennial creeping herb. It forms roots at the lower nodes. It is green with purple tinges. The leaves are narrowly sword shaped and 2-4 cm long by 4-6 mm wide. There is a line of hairs where the leaf and leaf sheath join. The flowers are pale blue. They occur singly at the ends of leafy shoots.

HABITAT

A tropical plant. It grows by rice fields or wet places from near sea level to 1600 m altitude in southern China. It grows in wetlands. In Sichuan and Yunnan.

NOTES

There are 50 Murdannia species. They grow in the tropics. The protein content is 2.8% on a fresh weight basis.

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