PLANT FACT SHEET

Cnidoscolus albomaculatus (Pax) I. M. Johnst.

GENUS *Cnidoscolus* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten raw or cooked.

DESCRIPTION

A herb or small shrub. It keeps growing from year to year. It has a thickened tap root. The leaves have spiny teeth around the edge. The flowers are white. The fruit capsule is green and covered with spines.

HABITAT

It is a subtropical plant. In Argentina it grows between sea level and 700 m above sea level.

REFERENCES

Polini, G., et al, Useful and edible plants of Paraguay Region of Chaco. p 68

Scarpa, G. F., 2009, Wild food plants used by the indigenous peoples of South American Gran Chaco: A general synopsis and intercultural comparison. Journal of Applied Botany and Food Quality 83:90-101

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/529b9bc1-bd41-4108-9468-80e229acbaa6