PLANT FACT SHEET

Crambe kotschyana Boiss.

GENUS *Crambe* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Vegetable

The leaves and roots are eaten as a vegetable.

DESCRIPTION

A cabbage family herb. It is a stout erect plant. It keeps growing from year to year. It is 60-180 cm high. The leaves are large and heart shaped or kidney shaped. The leaves near the base are 20-40 cm wide. They are wavy along the edge and have teeth. They have long stalks. The upper leaves are fewer and smaller. The flowers are white and in loose clusters. The flowers are 7-10 mm across. The petals have a wedge shaped base. The fruit has a stalk like base. It is round and one seeded.

HABITAT

It is a temperate plant. In the Himalayas it grows between 2,100-4,300 m altitude. It grows on rocky slopes.

NOTES

There are about 20 Crambe species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/52c4303e-c6ce-43d3-a9e0-5cf08d150865