PLANT FACT SHEET

Ficus altissima Blume

GENUS *Ficus* **FAMILY** Moraceae

COMMON NAMES Lofty tree, Council tree

EDIBLE PARTS AND USES

Edible parts: Leaf buds, Vegetable, Fruit

The young leaf buds are blanched and then boiled with pork.
The fruit are eaten raw.

DESCRIPTION

A fig. It is a large tree. The trunk has buttresses. It grows 30 m tall and has a spreading crown. It is a stranger fig starting attached to other plants then sending down roots to allow the tree to grow independently. The bark is smooth and grey. The leaves are alternate and narrowly oval. They are 10 cm long by 4 cm wide. The flowers occur singly or in pairs in the axils of leaves. The fruit or figs are orange-red and 2.5 cm long. They have many seeds.

HABITAT

It is a tropical plant. In Yunnan.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/53008393-e23b-4886-8ddc-797f122c4fa9