PLANT FACT SHEET

Heracleum barmanicum Kurz

GENUS *Heracleum* **FAMILY** Apiaceae

COMMON NAMES Burmain cow-parsley

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are cooked as a vegetable. They are used as a potherb. It is used like parsley.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 176 (As burmanicum)

Weckerle, C. S., et al, 2006, Plant Knowledge of the Shuhi in the Hengduan Mountains, Southwest China. Economic Botany 60(1):2-23 (As Heracleum cf barmanicum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/53117d8d-a452-411e-a990-b26000db6313