PLANT FACT SHEET

Lancea tibetica Hook.f. & Thomson

GENUS *Lancea* **FAMILY** Phrymaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are cooked as a vegetable.

DESCRIPTION

A herb. It grows up to about 10 cm tall. It has rhizomes or underground stems 10 cm long. It has 2 soft scales near each node. There are 6-10 leaves in a ring. They are oval or spoon shaped and 2-7 cm long. The flowers are in groups of 3-5. They are dark blue to purple. The fruit is red to dark purple and oval and 1 cm long. There are many seeds. They are 1 mm across.

HABITAT

It is a subtropical plant. It grows in grassland and along streams between 2,000-4,500 m above sea level. In Sichuan and Yunnan.

NOTES

Also put in the families Scrophulariaceae and Mazaceae.

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