PLANT FACT SHEET

Paramollugo nudicaulis (Lam.) Thulin

GENUS *Paramollugo* **FAMILY** Molluginaceae

COMMON NAMES Mollugo

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A herb. It does not have a stem. It grows 22 cm high. The leaves are in a ring near the base. The leaves do not have stalks. The leaf blade is oval and cup shaped. It is 1-5 cm long by 0.8-1.5 cm wide. The fruit is an oval capsule. There are many black seeds. They are 0.5-0.7 mm across.

HABITAT

A tropical plant. It grows on the sands of the seashores. In Pakistan it grows as a summer annual up to 1,500 m above sea level. In Zimbabwe it grows up to 920 m above sea level.

NOTES

There are about 35 Mollugo species. They are mostly in tropical and subtropical regions.

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