PLANT FACT SHEET

Silene italica (L.) Pers.

GENUS *Silene* **FAMILY** Caryophyllaceae

COMMON NAMES Italian catchfly

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw in salads. They are also used in stews and prepared with olive oil and used in vegetable pies.

DESCRIPTION

A herb. It has thin dividing stems. There are many small white flowers.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, Y., 2012, Traditionally used wild edible greens in the Aegean Region of Turkey. Acta Societatis Botanicorum Poloniae 81(4): 329-342

Ertug, F., 2004, Wild Edible Plants of the Bodrum Area. (Mugla, Turkey). Turk. J. Bot. 28 (2004): 161-174 (As Silene cf italica)

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/53e077c2-f15a-4f0a-926b-e29047a87e1b