PLANT FACT SHEET

Ardisia griffithii C. B Clarke

GENUS *Ardisia* **FAMILY** Primulaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are cooked and eaten.

DESCRIPTION

A shrub. It grows 2.4 m tall. The leaves are sword shaped. The fruit are round.

HABITAT

It is a subtropical plant. It is an under growth plant in evergreen forests. It grows up to 1,350 m above sea level.

NOTES

Also put in the family Myrsinaceae.

REFERENCES

Dobriyal, M. J. R. & Dobriyal, R., 2014, Non Wood Forest Produce an Option for Ethnic Food and Nutritional Security in India. Int. J. of Usuf. Mngt. 15(1):17-37

Sawian, J. T., et al, 2007, Wild edible plants of Meghalaya, North-east India. Natural Product Radiance Vol. 6(5): p 413

Wild edible plants of Himachal Pradesh

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/53f8f4c8-9acf-4611-8b56-522d187c1d64