PLANT FACT SHEET

Wahlenbergia krebsii Cham.

GENUS *Wahlenbergia* **FAMILY** Campanulaceae

COMMON NAMES Bell-flower

EDIBLE PARTS AND USES

Edible parts: Leaves

The plant is cooked and eaten as a vegetable.

DESCRIPTION

A herb. It grows 10-50 cm tall from a taproot. The leaves can be 55 mm long by 10 mm wide.

HABITAT

It is a tropical plant.

REFERENCES

Guillarmod, J., 1971, (As Wahlengerbia zeyheri)

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 74 (As Wahlengerbia zeyheri)

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 41

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/540d0e24-5e68-45b5-a176-6e09106ce199