PLANT FACT SHEET

Scorzonera papposa DC.

GENUS *Scorzonera* **FAMILY** Asteraceae

COMMON NAMES Oriental Viper's grass

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Stems

The root can be eaten raw or roasted and eaten.
The stems and leaves are eaten raw in salads. They are also cooked as a vegetable.
The flowers are eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant. It grows in dry soils. It can grow in arid places.

REFERENCES

Ali-Shtayeh, M. S., et al, 2008, Traditional knowledge of wild edible plants used in Palestine (Northern West Bank): A comparative study. J Ethnobiol Ethnomed. 4: 13

Al-Qura'n, S. A., 2010, Ethnobotanical and Ecological Studies of Wild Edible Plants in Jordan. Libyan Agriculture Research Center Journal International 1(4):231-243

Bailey, C. and Danin, A., 1981, Bedouin Plant Utilization in Sinai and the Negev. Economic Botany 35(2): 145-162

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Hinnawi, N. S. A., 2010, An ethnobotanical study of wild edible plants in the Northern West Bank "Palestine". An-Najah National University. p 92

Lim, T. K., Edible Medicinal and Non-Medicinal Plants Volume 7 Flowers

Mandaville, J. P., 2004, Bedouin ethnobotany: Plant concepts and plant use in a desert pastoral world. PhD thesis University of Arizona. p 155

Mukemre, M., et al, 2016, Survey of wild food plants for human consumption in villages of Catak, (Van-Turkey), Indian Journal of Traditional Knowledge. Vol. 15(2) pp. 183-191

Pieroni, A., et al, 2019, Where tulips and crocuses are popular food snacks: Kurdish traditional foraging reveals traces of mobile pastoralism in Southern Iraqi Kurdistan. Journal of Ethnobiology and Ethnomedicine. 15:59

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 14th April 2011]

Tukan, S. K., et al, 1998, The use of wild edible plants in the Jordanian diet. International Journal of Food Sciences and Nutrition. 49:225-235

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/543bd3f2-bb9e-4067-b87d-caa8daf0851b