PLANT FACT SHEET

Aizoon africanum (L.) Klak.

GENUS *Aizoon* **FAMILY** Aizoaceae

COMMON NAMES Kraaibos

EDIBLE PARTS AND USES

Edible parts: Fruit

It is chewed for toothache.

DESCRIPTION

A shrub. It is softly woody and grows 0.5-1.5 m tall. The leaves are opposite and bright green when young. They are narrow and 15-50 mm long by 2-5 mm wide. There are several small yellow flowers.

HABITAT

It is a subtropical plant.

REFERENCES

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Youngblood, D., 2004, Identification and Quantification of Edible Plant Foods in the Upper (Nama) Karoo, South Africa. Economic Botany 58 (Supplement) :S43-S65 (As Galenia africana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/547e1d1f-34a3-48e8-9ec3-274b9f7fa328