PLANT FACT SHEET

Zingiber fragile S. Q. Tong

GENUS *Zingiber* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A ginger family herb. The false stem is 1-3 m tall. The leaves do not have stalks. The leaves are narrowly sword shaped and 40-50 cm long by 9-11 cm wide. The flowering shoots arise from the rhizome. They are oval and 4-8 cm long by 3-8 cm wide. The flowers are red and brown.

HABITAT

It is a tropical plant. It grows in forests at about 600 m above sea level in southern China. In Yunnan.

REFERENCES

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/548eeebd-c7ef-4b18-9599-5d62c1c55806