PLANT FACT SHEET

Hedychium gardnerianum Sheppard ex Ker Gawl.

GENUS *Hedychium* **FAMILY** Zingiberaceae

COMMON NAMES Kahili ginger

EDIBLE PARTS AND USES

Edible parts: Bulbs

It is edible but not attractive.

DESCRIPTION

A ginger family herb. It grows 2.4 m tall. The rhizomes are large. The leaves are long and bright green and clasp the stem. They are 20-50 cm long and 10-20 cm wide. It has an attractive flower. It is pale yellow and red and has a scent. The flower spikes are 15-45 cm long.

HABITAT

It is a tropical and subtropical plant.

PRODUCTION

Cultivation

It can be grown by seeds or rhizomes.

NOTES

It can be invasive.
It has anticancer properties.

PICTURES



Credit: Food Plants International (Bruce French)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/5495dacf-549a-4c4a-a8eb-b7433b853b8d