PLANT FACT SHEET

Thelypteris glanduligera (Kunze) Ching

GENUS *Thelypteris* **FAMILY** Thelypteridaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The young shoots are used as a potherb.
The plant is used to prepare a liquor.

DESCRIPTION

A fern. It grows 35-50 cm tall. The rhizome is long and creeping. The stalks are 15-20 cm long and the fronds are broadly sword shaped and 18-30 cm long by 7-13 cm wide. There are about 15 pairs of leaflets. These are 4-7 cm long by 1-1.5 cm wide.

HABITAT

It is a tropical plant. In Yunnan.

REFERENCES

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56 (As Parathelypteris glanduligera)

Srivastava, R. C., 2009, Traditional knowledge of Adi tribe of Arunachal Pradesh on plants. Indian Journal of Traditional Knowledge. 8(2): 146-153 (As Parathelypteris glanduligera)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/54bbe843-0754-44ad-ad3e-c7199c29ed0d