PLANT FACT SHEET

Arisaema utile Hooker f. ex Schott

GENUS *Arisaema* **FAMILY** Araceae

COMMON NAMES Sikkim cobra lily

EDIBLE PARTS AND USES

Edible parts: Leaves, Spathe, Bulb, Root

The leaves and spathe are cooked and eaten and fermented for storage. They are used in soup.
The tubers are dried and ground into flour.

DESCRIPTION

A herb. It grows 16-33 cm tall. The bulb is a flattened round shape. It is 2.4 cm long by 4 cm wide. The leaf stalk is 20-35 cm long. The leaves are stalked and divided into 3 parts. The leaflets are oval and angular and red near the edges. The leaflets are 9-20 cm long by 4-18 cm wide. The leaf stalk has dark spots. The flower spathe is purple with white stripes.

HABITAT

It is a temperate plant. In Nepal it grows between 1800-3700 m altitude in openings in the forest. It grows in shade forest.

PRODUCTION

Cultivation

It is grown from corms.

NOTES

There are about 150-170 Arisaema species.

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