PLANT FACT SHEET

Chaerophyllum reflexum var. acuminatum (Lindl.) Hedge & Lamond

GENUS *Chaerophyllum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Root

The roots are eaten fresh or boiled.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. In the Himalayas it grows between 3,100-4,200 m above sea level.

REFERENCES

Negi, P. S. & Subramani, S. P., 2015, Wild Edible Plant Genetic Resources for Sustainable Food Security and Livelihood of Kinnaur District, Himachal Pradesh, India, International Journal of Conservation Science. 6 (4): 657-668

Sharma, L. et al, 2018, Diversity, distribution pattern, endemism and indigenous uses of wild edible plants in Cold Desert Biosphere Reserve of Indian Trans Himalaya. Indian Journal of Traditional Knowledge. Vol 17(1) January 2018 pp 122-131

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/562b079d-adeb-4c2e-8c85-a74db395321f