PLANT FACT SHEET

Russula heimii Singer

GENUS *Russula* **FAMILY** Russulaceae

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a tropical plant.

REFERENCES

Boa, E. R., 2004, Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17

Harkonen, M., et al, 1993, Tanzanian mushrooms and their uses 1. Russula. Karstenia 33:11-50.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/56320012-5fa0-4271-b4d2-d0f832b22722