PLANT FACT SHEET

Secamone stuhlmannii K. Schum

GENUS *Secamone* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Vegetable

The leaves are cooked and eaten as a vegetable in times of food scarcity.

DESCRIPTION

A woody creeper. It has rusty hairs. The leaves are simple and opposite. The leaves are 1-6 cm long by 1-2 cm wide. The flowers are in groups at the ends of the plant or in the axils of leaves. The flowers have both sexes. The fruit are a pair of follicles. These are 6-10 cm long by 1 cm wide. They taper to a point.

HABITAT

It is a tropical plant. It grows in bushland between 800-1,700 m above sea level.

NOTES

There are about 80 Secamone species. Also put in the family Asclepiadaceae.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 455
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/569d21dd-1017-47c4-836e-1748db4335d8