PLANT FACT SHEET

Ceiba aesculifolia (Kunth) Britton & Baker f.

GENUS *Ceiba* **FAMILY** Malvaceae

COMMON NAMES Ceibillo, Pochotte ceiba

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Leaves, Tubers

The young fruit and ripe seeds are eaten after roasting. The ripe fruit are also eaten.
The young leaves are cooked and eaten.

DESCRIPTION

A tree. It loses its leaves during the year. It grows 25 m tall. The trunk has stout prickles.

HABITAT

It is a tropical plant. It grows in the hills up to 1,800 m above sea level.

NOTES

Also put in the family Bombacaceae. In the subfamily Bombacoideae.

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